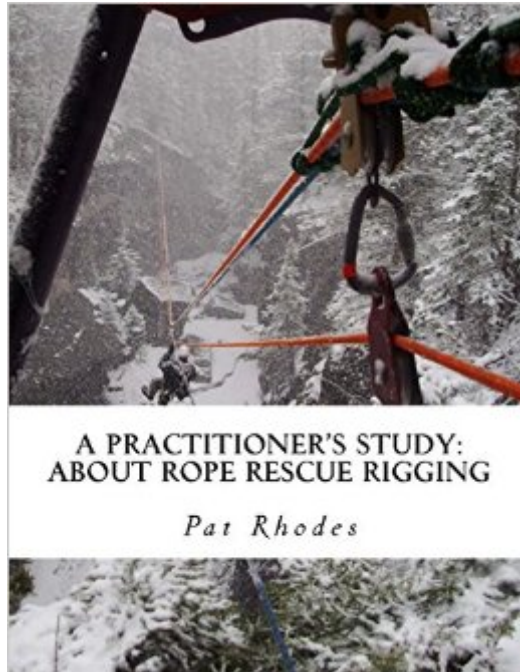


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# A Practitioner's Study: About Rope Rescue Rigging



## Synopsis

A Practitioner's Study: About Rope Rescue represents best practices in the rope rescue trade as seen through the eyes of international instructor - Pat Rhodes. This book includes three major sections; Management Level of Rope Rescue; Operations Level Rigging; and Technician Level Rigging. Reliable and applicable rigging physics is a central theme throughout this book. In the Management Level many factors are addressed that contribute to the success of a rope rescue incident and to the sustainable growth of a rescue program. The Operations Level looks at the nuts and bolts of rigging including: a robust chapter on knot craft; extensive anchor aptitude development, comprehensive treatment of belay systems and the many devices and techniques associated with belaying; Mainline issues associated with lowering and raising system; new and refreshing litter configurations; and vertical mobility. The Technician Level digs into the the reasons behind the actions, plus, the exploration of more advance techniques as seen in various highline systems, and mid-wall pick-offs. In this section the reader will find a detailed presentation of rigging physics, including vector analysis, friction basics, compression/tension, and torque. From the apprentice to the journeyman rescuer; highly beneficial rigging knowledge for all levels of expertise is available in this book.

## Book Information

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## Customer Reviews

Nice cover, but content pretty much a word document depicting a mixture of thoughts and experiences. Not really a study, more a basic course reference which is inconsistent in its pitch - one minute very simplistic, then next using physics formula. Its purpose comes across confused - is it a case study, course manual, physics course, rigging guide or what? It is also contradictory, one

minute pushing evidence based practices, then in other sections being opinion without any empirical basis. It does not come across as professionally published like the CMC Rope Rescue or High Angle Rescue Techniques manuals. The benefit though is seeing rope rescue through another instructor's perspective and there are a few gems to take away. Certainly okay to have on the bookshelf, but I would not use it as a prime reference for my courses. That said, well done to any rope rescue instructor who puts the time into such an effort and publishes their thoughts to improve safety practices and techniques in this field. Well done Pat.

This book is definitely not a "how-to" for rope rescue but instead offers incomplete snapshots of various aspects of rope rescue, as though compiled from a series of course notes. Some of what is depicted is unnecessarily complex and in some cases, could be unsafe (i.e. belaying the rescue subject off the chest harness of the rescuer, p.133). Unfortunately, it also perpetuates much of the slang that continues to creep into the rope rescue discipline instead of plain English, which would better suit rescuers (I often wonder what the benefit is of the slang when the plain English interpretation has to follow it in parentheses). There are a number of typos, incomplete descriptions and contradictions that show it could have used another round of proof reading. It also confuses mass, weight and force and confuses factors and margins. Some important details are missing, such as the formula shown on p.101, where it fails to note that the formula is only valid when both anchor legs are equally loaded. There are also a small number of factual errors, for example it states "One radian is equal to pi, or  $180^\circ$ ", though I was wondering why the formula in question wasn't just adjusted to accommodate degrees. Some empirical research is cited as proof in support of a number of assertions, though no details are offered about the research methodology. It does provide some interesting opinion on some of the new gear and techniques out there. I would not recommend it for a rescuer still getting familiar with their craft but for an instructor it would be worth adding to their collection.

Pat is one of the most dedicated and knowledgeable riggers on the planet. This is an up to date culmination of the work advancements and concepts in all high angle disciplines. Highly recommended to any individual who works/trains at height.

Great source of information, even for seasoned Rope Techs. This book is fantastic, and I'll definitely be recommending it to my peers.

This book is a GREAT addition to any library. The no nonsense approach is greatly appreciated.

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